

In packet:

Blood Pressure Control

1. EvidenceNOW TAC Treatment Guidelines
2. Example Clinic Comprehensive Care Plan – BP
3. Example Clinic BP Brainstorming Session
4. Example Clinic PDSA - BP
5. Your Heart Health Guide
6. Blood Pressure Detail Aid
7. Blood Pressure Graphic
8. Blood Pressure Fact Sheet

Online:

Hypertension Control

AMA STEPS Forward™ module on improving hypertension control:

<https://www.stepsforward.org/modules/hypertension-blood-pressure-control>

Contains

- The M.A.P. Checklists
- Blood Pressure Measurement: Measure Accurately Poster (for use in the practice site)
- Video on measurement technique
- Self-measured blood pressure monitoring program which includes:
 - Patient handout on self-measured blood pressure
 - Patient education overview on hypertension
 - Self-measured blood pressure flow sheet (to document BP readings)
 - Self-measured blood pressure wallet card (to document BP readings)

Million Hearts[®] Protocol for Controlling Blood Pressure in Adults:

<http://nccd.cdc.gov/MillionHearts/Protocol/>

Million Hearts Sample Protocols (VA, ICSI, NY):

<http://millionhearts.hhs.gov/resources/protocols.html>

Million Hearts Pharmacist Drug Adherence Work-up Tool:

http://millionhearts.hhs.gov/Docs/TUPD/DRAW_Tool.pdf

Million Hearts Medication Tracker Wallet Card:

http://millionhearts.hhs.gov/Docs/TUPD/Medication_Tracker.pdf

FDA High Blood Pressure Medications and You Infographic:

<http://www.fda.gov/Drugs/ResourcesForYou/SpecialFeatures/ucm358442.htm>

Supporting Your Patients with High Blood Pressure – Visit Checklist:

https://millionhearts.hhs.gov/files/TipSheet_HCP_Checklist.pdf

Measure Up Pressure Down, Provider ToolKit:

<http://www.measureuppressuredown.com/hcprof/toolkit.pdf>

How to Check Your Blood Pressure:

http://millionhearts.hhs.gov/Docs/TUPD/BP_Guide.pdf

High Blood Pressure: How to Make Your Control Goal:

https://millionhearts.hhs.gov/files/TipSheet_How_to_MCYG_AA.pdf

Supporting Your Loved One with High Blood Pressure:
https://millionhearts.hhs.gov/files/TipSheet_LovedOne_AA.pdf

Your Guide to Lowering Blood Pressure:
http://www.nhlbi.nih.gov/files/docs/public/heart/hbp_low.pdf

Million Hearts – A Journal to Help You Manage High Blood Pressure:
https://millionhearts.hhs.gov/files/BP_Journal.pdf

Taking Dietary Supplements with Heart, Blood Pressure, or Cholesterol Medicines:
<http://www.effectivehealthcare.ahrq.gov/ehc/products/223/1455/dietary-supplements-130509.pdf>

2014 Evidence-Based Guideline for the Management of High Blood Pressure in Adults – JAMA:
<http://jama.jamanetwork.com/article.aspx?articleid=1791497>

Quality Improvement

Model for Improvement:

Video on Model for Improvement Background and Science from Institute for Healthcare Improvement:
<http://www.ihl.org/education/WebTraining/OnDemand/ImprovementModelIntro/Pages/default.aspx>

IHI Whiteboard Series on MFI, PDSA and Tools:
<http://www.ihl.org/education/IHIOpenSchool/resources/Pages/BobLloydWhiteboard.aspx>

Brief Videos Related to MFI:
<https://www.youtube.com/watch?v=SCYghxtioIY>
<https://www.youtube.com/watch?v=6MIUqdulNwQ>

Brief Videos for PDSA Cycles:
<https://www.youtube.com/watch?v=-ceS9Ta820>
https://www.youtube.com/watch?v=eYoJxjmv_QI

AHRQ Practice Facilitation Handbook: Model for Improvement and Background:
<http://www.ahrq.gov/professionals/prevention-chronic-care/improve/system/pfhandbook/mod4.html>

New AHRQ Practice Facilitation Training Curriculum:
<https://pcmh.ahrq.gov/page/primary-care-practice-facilitation-curriculum>

Value Stream Map:
http://www.institute.nhs.uk/quality_and_service_improvement_tools/quality_and_service_improvement_tools/process_mapping_-_value_stream_mapping.html

Health IT:
<http://www.healthit.gov/providers-professionals/implementation-resources/continuous-quality-improvement-cqi-strategies>

ICD-10:
<http://www.roadto10.org/>

ICD-10 Codes for Cardiology:
<http://goo.gl/7CDVHk>

Lifestyle Management Programs

Community resources for healthy eating, exercising and weight management.

DASH Diet: (The domain, books, and literature refer to it as the DASH diet. Only the DASH for Health site refers to it as the DASH Eating Plan.)
<http://dashdiet.org/default.asp>

Incorporating the DASH Guidelines into your Life:

https://www.dashforhealth.com/?gclid=Cj0KEQjw6vquBCow62uo-J_YBEiQAMO6Hiku4rf6mUxBs1dc9TpHRTUSN9F8nY-ilSbzqzWjyi2YaAvFI8P8HAQ

Vermont Infographic:

https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=1&ved=0CB8QFjAAAhUKEwiA0ujXx6bHAhXBJQ0KHfjAAs&url=http%3A%2F%2Fhealthvermont.gov%2Fprevent%2Fdiabetes%2Fdocuments%2Fdash_diet.pdf&ei=qtDMVYDVEMGbNvbHg1g&usq=AFQjCNFRrYYGm55OYIkKfSintBddvZGbNw&sig2=thEinMzoQyLr071vH5xNrg&bvm=bv.99804247,d.eXY&cad=rja

Clinical Community Linkages

Position Statement from AAFP:

<http://www.aafp.org/about/policies/all/integprimarycareandpublichealth.html>

Tools and Best Practices from other States: The Practical Playbook

https://www.practicalplaybook.org/blog?utm_source=MadMimi&utm_medium=email&utm_content=Introducing+The+Practical+Playbook+Blog&utm_campaign=20150616_m126218566_The+Practical+Playbook+Newsletter&utm_term=Visit+the+blog

HRSA Clinic and Community Resources for Hypertension Management:

<http://www.hrsa.gov/quality/toolbox/measures/hypertension/part4.html>

ASTHO Reports and Tools from Million Hearts Learning Collaborative:

<http://www.astho.org/Million-Hearts/State-Learning-Collaborative-Tools-for-Change/Community-Clinical-Linkages/>

AHRQ Measuring Clinical Community Linkages (see modules 2 and 3):

<http://www.ahrq.gov/professionals/prevention-chronic-care/resources/clinical-community-relationships-measures-atlas/index.html>

Building Clinical Community Linkages (for Diabetes, but the concepts are the pertinent):

<http://www.ajmc.com/journals/evidence-based-diabetes-management/2015/may-2015/building--community---clinical-linkages-to-address-the-diabetes-epidemic>

AHRQ Community Clinical Linkages Evaluation Roadmap:

<http://www.ahrq.gov/sites/default/files/publications/files/ccrroadmap.pdf>

AHRQ Community Clinical Relationships Atlas:

<http://www.ahrq.gov/sites/default/files/wysiwyg/professionals/prevention-chronic-care/resources/ccrm-atlas-suppl/ccrm-atlas-suppl.pdf>

AHRQ Community Clinical Linkages Measures:

<http://www.ahrq.gov/sites/default/files/wysiwyg/professionals/prevention-chronic-care/resources/ccrm-atlas-suppl/ccrm-atlas-suppl.pdf>

Medicine and Public Health Collaboration (see pp 77-89):

https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=1&cad=rja&uact=8&ved=0CB8QFjAAAhUKEwiEyZr5-9PHAhUBi5IKHTc5AzA&url=https%3A%2F%2Fwww.uic.edu%2Fsph%2Fprepare%2Fcourses%2Fchsc400%2Fresources%2Fnyam_monograph1.pdf&ei=Q5_kVcSbCoGWyqS38oyAAw&usq=AFQjCNEH4-4OmK3vwx3dd9L6Ov-MrzAPg&sig2=Lb13Pv9w_X8Sh0aSdK-2MA

Shared Decision Making

Healthwise SDM Decision Aid:

<https://www.healthwise.net/cochranedecisionaid/Content/StdDocument.aspx?DOCHWID=zx1768>