

Trauma-Informed Care: Traveling the Roadmap at Oregon Health Centers

July 25, 2019
Tetherow Lodge

Time	Content	Objectives
8:30-9	Breakfast and Registration	<ul style="list-style-type: none"> • Arrive and check-in • Get nourished and ready for the day
9-9:30	Intro & Icebreaker	<ul style="list-style-type: none"> • Set the context for our day together • Know who's in the room • Start to connect with each other
9:30-10:30	Dr. Miguelina German <i>Montefiore Medical Center</i> <i>Keynote Speaker</i>	<ul style="list-style-type: none"> • Share lessons learned from trauma-informed care (TIC) implementation within a multi-site primary care delivery system • Highlight the connections between TIC, unconscious bias, and cultural awareness • Describe the importance of and strategies for creating a trauma-informed workplace • Provide recommendations on health center TIC implementation work plans
10:30-10:45	Break	
10:45-12:15	All Teach, All Learn: Health Center World Café	<ul style="list-style-type: none"> • Invite health centers to share their implementation successes and challenges • Promote peer learning and operational/tactical barriers and accomplishments
12:15-1:15	Lunch	
1:15-1:45	Walk and Talk: Employee Wellness and Becoming a Trauma-Informed Workplace	<ul style="list-style-type: none"> • Take a walk in small groups to enjoy the scenery and move around • Share ideas, challenges and opportunities in creating more employee wellness in your organization. Discuss policies and practices, culture, program ideas, barriers and drivers.
1:45-2	Walk and Talk Debrief	<ul style="list-style-type: none"> • Exchange ideas in the larger group
2-2:30	Team planning time	<ul style="list-style-type: none"> • Use the TIC Roadmap and your survey report to the next steps on your TIC journey • Use a work planning tool to document your goals
2:30-2:45	Break	
2:45-3:30	Buddy time	<ul style="list-style-type: none"> • Start getting to know your health center TIC buddy and sharing your respective TIC implementation experience and plans • Make plans to connect again in the next 3 months • Share a brief report out from some buddies to the larger group
3:30-4	Review upcoming opportunities and wrap up	<ul style="list-style-type: none"> • Share upcoming TIC learning opportunities • Complete workshop evaluation