

RETURN TO THE NEW NORMAL?

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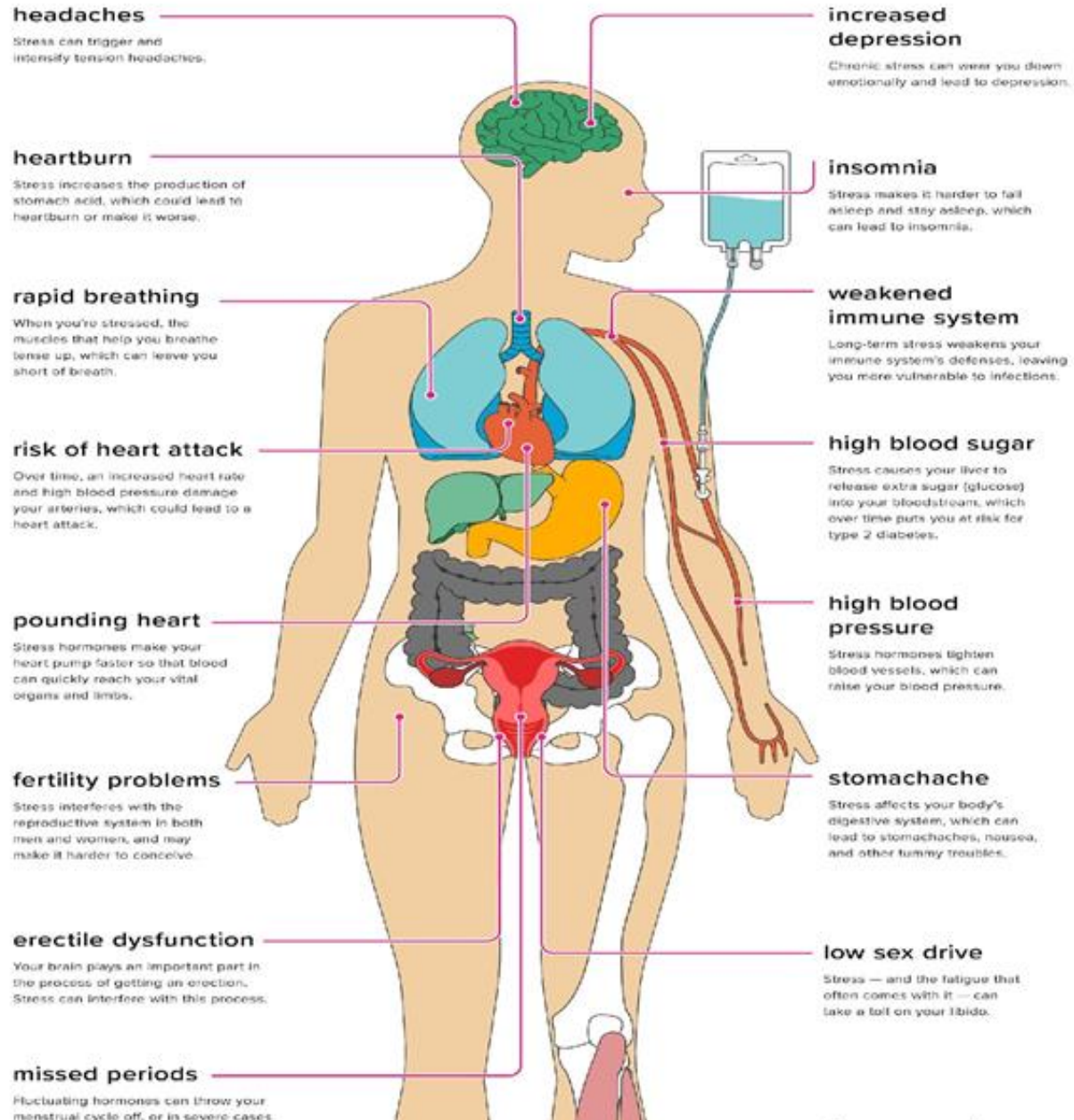
Welcome

- Check-in: Today's Weather Report...
- Agreements and Consents
- Putting TIC in to practice

What Do We Know About TIC?

- ACES?
- Psychosocial?
- Physical

What are some effects on overall health?



COVID & TIC:

COVID QUALIFIES AS A DSM RELATED EVENT

- **(A1) experiencing, witnessing, or being confronted with an event that involves actual or threatened death or serious injury, or a threat to the physical integrity of self or others; and (A2) experiencing intense fear, helplessness, or horror (APA, 2000).**



BREAKOUT ONE:

The Return: Potential Effects for

- Staff
- Patients
- Organizational/Operational



Proactively Operationalize What We Know

Trauma Informed Care

Trauma Informed Care (TIC) recognizes that traumatic experiences *terrify, overwhelm, and violate* the individual. TIC is a commitment not to repeat these experiences and, in whatever way possible, to restore a sense of safety, power, and worth

Commitment to Trauma Awareness

Understanding the Impact of Historical Trauma

Agencies demonstrate Trauma Informed Care with Policies, Procedures and Practices that

Create Safe Context
through:
Physical safety
Trustworthiness
Clear and consistent boundaries
Transparency
Predictability
Choice

Restore Power
through:
Choice
Empowerment
Strengths perspective
Skill building

Value the Individual
through:
Collaboration
Respect
Compassion
Mutuality
Engagement and Relationship
Acceptance and Non-judgment



BREAKOUT TWO:

Planning to Operationalize

- Safety.
- Trustworthiness
-
- Choice.
- Collaboration.
- Empowerment.

Reflections

- What I Need
- What am I doing Right, right now?