

<b>Medical term</b>	<b>Plain language version</b>
Abrasion	Cut, scrape, scratch
Anemia	Tired, low iron, a low blood count that can make you tired and short of breath
Cardiovascular	Having to do with the heart and blood vessels
Chronic	Long term, long-lasting
Deficient	Lacking, not enough, poor
Diabetes	Excess/extra sugar in the blood
Diagnose	Test, find out, figure out, learn cause
Hypertension	High blood pressure
Immunization	Getting a vaccine or shot
Medication	Drug, pill, medicine
Preliminary	Early, not final, initial
Regulate	Control, restrict, watch over, govern
Ulcer	Open sore
Virulent	Strong, dangerous